

## **USING THE POWER AND CONTROL WHEEL, BIDERMAN'S CHART OF COERCION AND AMNESTY INTERNATIONAL REPORT ON TORTURE TO DEMONSTRATE ABUSE BY OUR GOVERNMENT AND THE FAILURE OF LAW ENFORCEMENT AGENCIES**

### **POWER AND CONTROL WHEEL**

*The **Power and Control Wheel** is a visual tool that is useful in understanding how tactics of abuse are used by abusers to gain and maintain **power and control** over their victims.*

### **BIDERMAN'S CHART OF COERCION**

***Biderman's Chart of Coercion** is a tool designed to demonstrate and explain the coercive methods of stress manipulation used to torture prisoners of war.*

### **AMNESTY INTERNATIONAL REPORT ON TORTURE**

*The UN Convention Against Torture defines torture as "...the intentional infliction of severe physical or mental pain or suffering for purposes such as obtaining information or a confession, or punishing, intimidating or coercing someone." Torture is always illegal. "No exceptional circumstances whatsoever, whether a state of war or a threat of war, internal political instability or any other public emergency, may be invoked as a justification of torture."*

The purpose of this document is to demonstrate how we are being abused/coerced and tortured by officials at all levels of government: federally, provincially and municipally, and how our law enforcement agencies are failing to protect its citizens, therefore committing misconduct.

### **ABUSE:**

Using the power and control wheel (attached), it is quite evident that the government with its overreaching emergency measures is actually exhibiting 'power and control' and in doing so is in fact abusing its citizens.

In March it was determined by the powers that be that we needed to isolate and self-quarantine for 14-15 days to 'flatten to curve' to ensure that our health care facilities did not get overwhelmed. This included the lockdown where the majority of businesses and offices had to close down. No one could visit anyone and we had to adhere to strict social distancing procedures. We could go to a few select 'essential' businesses such as grocery stores, Walmart, Costco and other larger businesses, as long as we sanitized our hands, stood on circles and followed arrows. Small businesses were shuttered and none of us could get a haircut. Even our places of worship where one could find comfort were closed. It is now over six months and while things have begun to relax and open there are still stringent restrictions which are now at risk of returning to the early days of the lockdown.

Using the 'Power and Control Wheel', various aspects of the wheel will be addressed to demonstrate how we are being abused.

**Using Isolation:** From the beginning, we were told to isolate at home and have no contact with anyone that did not live with us. We not only had to maintain 6-foot social distancing but visiting or driving in the same car were verboten. Now we can do this but only if it is with our 'social circle of 10'. Nursing homes, group homes and people in the hospital are not allowed to have visitors. Our support systems have been decimated. Elderly people and palliative patients are dying alone. This is beyond abuse; it is cruel and heartless. This falls under 'controlling what someone does' and 'limiting outside involvement'. No one can get close enough to witness if there is abuse or neglect, or if people are mentally or emotionally stable. Of course, 'controlling where someone goes' falls under this category. At the beginning, we were not allowed to go to parks, travel out of town or out of the province. We are still not allowed to travel to the US as the border is closed. Interestingly, 'what they read' (watch or listen to) is also a huge issue with extreme censorship silencing any voices that contradict or challenge WHO, CDC or Public Health.

In the future, it seems that there will be Isolation Facilities, and it is reported that there may be a secret non-voluntary isolation centre in Quebec, and as well as a facility in Alberta for children. We know that Trudeau has given the Premier money for an isolation facility in Toronto.

While searching for information on the topic of isolation, the following information was discovered.

California Civil Rights Attorney Leigh Dundas published a [video on Facebook](#) this week to show the devastating consequences of isolating children and forcing them to practice “social distancing” at places like school.

*Here are some lesser known facts about social distancing and isolation:*

- *It was developed 70 years ago by the CIA to break down enemies of state.*
- *It is the equivalent of smoking 15 cigarettes a day AND being an alcoholic.*
- *It doubles the risk of death, and destroys the part of the brain responsible for learning.*

She pointed out that according to the statistics and the CDC:

- *A child’s risk of dying from COVID is 0.0%, per the CDC.*
- *No child has passed on COVID to a family member or third party (they do not transmit).*

She goes on to explain the historical origins of practicing Social Distancing, and how the technique was developed by the CIA to torture “enemies of the state.”

<https://healthimpactnews.com/2020/children-have-0-00-chance-of-dying-from-covid-but-are-harmed-for-life-by-social-distancing-which-has-its-roots-in-cia-torture-techniques/>

**Using Economic Abuse:** ‘Preventing someone from working’. With the closure of offices, schools and small businesses, economic issues have affected a large percentage of citizens. Businesses and offices closing have caused economic hardship in terms of revenue as well as employees being laid off or losing their jobs. The fact that schools were closed affected one’s ability to work even if they had a job since they were now responsible for basically homeschooling their children. Daycare centres were also closed, and with self-isolation models it was nearly impossible to access child care services. With all the loss of income, people had no choice but to apply for CERB and other benefits from the government (basically welfare), ‘making them ask for money’ and ‘giving them an allowance’. It is very interesting that government employees (federally, provincially and municipally) have continued to get their paycheck even though they have been working reduced hours from home. Some doctors are able to continue receiving a paycheck even though they do not have to physically see any patients or perform physical examinations. Teachers have continued to be paid. No economic hardship it seems. One wonders if those that have not lost economically are the ones filling out the surveys in favour of more restrictions.

**Using Coercion & Threats:** One statement that is repeated regularly is basically “If you do not comply, you could kill grandma.” But it is an empty threat. They are killing countless elderly folk by isolating them. Most elderly are very lonely to begin with. Not being able to have visitors or emotional support from their families is throwing them into despair and hopelessness. Should they be unfortunate enough to contract Covid-19, apparently numerous DNR orders were issued without permission of the patient or family. As well, the loneliness and isolation are driving a number of elderly people to seek MAiD (Medical Assistance in Dying). As you can see, isolation is a bigger threat than the disease itself.

However, a real and present threat is the excessive fines that are threatened if we do not comply with mask wearing, social distancing or gathering in groups larger than that mandated. If a church has more than the prescribed number of attendees, they are threatened with a substantial fine. If a business opened without permission then that business faced a huge fine and loss of licence. Even now, if Ontario medical doctors, veterinarians, and other medical professionals do not comply with their association’s edicts, they risk losing their licence. In fact, if they even speak out against the excessive regulations and loss of civil liberties, they too will be shunned, fired and perhaps lose their licences. Sure sounds like communism.

**Using Intimidation:** It is intimidating to go to shops and services and be greeted with someone policing the entrances. “Do you have a mask?” For some reason, many of these people are very militant and

disrespectful. It is quite stressful to go anywhere, especially if one does not know the routine for that particular establishment. To be talked down to and sometimes shouted at if one makes a mistake is very demeaning and degrading, even by fellow compatriots who treat everyone as if they are contaminated. The blame lies with the media and the health/government officials who have conditioned the masses to view everyone as a danger to them.

**Using Emotional Abuse:** 'Playing mind games.' What comes to mind is "Two weeks to flatten the curve." Then another time interval was suggested, and another. Then, it was, "We may never get back to normal unless we have a vaccine". "This is the new normal." "The second wave is coming and it will be worse than the first", absolutely stripping the population of any hope things will ever go back to 'normal'. Wearing the masks is so dehumanizing (literally) and following arrows around a store is humiliating, like a herd of cattle being led to the slaughter house. The Premier has also resorted to 'name calling' protestors "Yahoos" as well as berating teenagers at a pop-up car rally saying "They need to have their brains scanned." Because teenagers are largely unaffected by Covid, Mr. Ford referred to their elderly relatives and that the teens are not considering them, trying to make them 'feel bad about themselves' (guilt trip).

**Using Children:** As above, parents are living under the threat that if anyone in their family gets sick there is the chance that in the future their children will be forcefully removed from the home and taken to an isolation facility. There are already states that are trying to implement these measures. Children have not handled the Covid-19 situation very well. They are separated from their friends, peers, teachers and relatives. Even now as schools are open, they still must socially distance. As above, this will significantly impact children for many, many years, and some of these children may never recover.

**Using Dominance:** For sure we are all being treated like children. Decisions are being made "for our own good". Nobody asked us how we wanted to handle this 'crisis'. We were not given a choice. We are not given a choice to follow the rules. We have a choice but it could cost us a great deal and not many are willing to pay the price for freedom of thought, expression and speech. Our lives are being dictated by unelected health officials and elected officials who are answering to the unelected UN (WHO).

**Minimising, Denying, Blaming:** 'Making light of the abuse and not taking concerns seriously.' As our Premier says, "No one wants to open things up more than I do". That is not true. He still has a business and no loss of income. It seems there is no loss of freedom as well. But rarely does he address the effect this is having on our economy and the lives of the citizens. He does not quote the number of suicides, or the people that died of heart attacks because they were afraid to go to the ER or their 'non-essential' surgeries were cancelled. How about those who will not get their cancer diagnoses in time to save their lives due to lack of physical examinations and diagnostic imaging?

## **COERCION AND TORTURE:**

For this section, the reader is referred to Amazing Polly's YouTube videos, "Is This Torture?" (<https://www.youtube.com/watch?v=3yk3xezML8Q>) and "Your Body is Their Weapon - We're all Patients Now" (<https://www.youtube.com/watch?v=jeVf8Bq1knk>). Certain aspects of these reports will be highlighted. (Also available on Bitchute - <https://www.bitchute.com/channel/ZofFQoDoqYT/>)

In the video "Is This Torture", Amazing Polly submits evidence and examples comparing our situation to the study of torture & coercion on Prisoners of War. It becomes clear that what we are being put through with the virus response is a near perfect parallel to the Amnesty International definition of torture (attached) & Biderman's 'Chart of Coercion.'

As a reminder, *The UN Convention Against Torture defines torture as "...the intentional infliction of severe physical or mental pain or suffering for purposes such as obtaining information or a confession, or punishing, intimidating or coercing someone."* *Torture is always illegal. "No exceptional circumstances whatsoever, whether a state of war or a threat of war, internal political instability or any other public emergency, may be invoked as a justification of torture."*

And: **Biderman's Chart of Coercion** is a tool designed to demonstrate and explain the coercive methods of stress manipulation used to torture prisoners of war. (See below)

## Biderman's Chart of Coercion

A tool designed to demonstrate and explain the coercive methods of stress manipulation used to torture prisoners of war. It has been applied to explain the coercive techniques used by perpetrators of domestic abuse.

This list directly reflects the original chart, it has not been changed to fit the domestic abuse context.

Method	Effect and Purpose	Variants
<b>Isolation</b>	Deprives victim of all social support of their ability to resist. Develops an intense concern with self (this could be home environment) Makes victim dependent.	Complete solitary confinement Complete or partial isolation Group Isolation
<b>Monopolisation of Perception</b>	Fixes attention upon immediate predicament. Eliminates information not in compliance with demands. Punishes independence and /or resistance.	Physical isolation Darkness or Bright light Restricted movement Monotonous Food
<b>Humiliation and Degradation</b>	Makes resistance more 'costly' than compliance. 'Animal Level' concerns.	Personal hygiene prevented Demeaning Punishments Insults and taunts Denial of Privacy
<b>Exhaustion</b>	Weakens mental and physical ability to resist.	Semi-Starvation Sleep deprivation Prolonged interrogation Overexertion
<b>Threats</b>	Creates anxiety and despair Outlines cost of non-compliance	Threats to kill Threats of abandonment/nonreturn Threats against family Vague Threats Mysterious changes of treatment.
<b>Occasional indulgences</b>	Positive motivation for compliance. Hinders adjustment to deprivation	Occasional favours Rewards for partial compliance Promises
<b>Demonstrating Omnipotence</b>	Suggests futility of resistance	Confrontation Showing complete control over victim's face
<b>Forcing trivial demands</b>	Develops habit of compliance	Enforcement of 'rules'

Amnesty International (1994)

Many of these Methods, Effects and Purposes, as well as Variants are self-explanatory and have been previously discussed or alluded to in length under the Power and Control Wheel.

**Isolation** has been discussed in detail. The so-called "14 days to flatten the curve" quarantine was in essence house arrest and solitary confinement. Certainly, the isolation of our elders and disabled with the ability to even visit amongst themselves was tantamount to torture. The United Nations Committee Against Torture stated that full isolation for 22–23 hours a day in super-maximum-security prisons is unacceptable. The United Nations have also banned the use of **solitary confinement** for longer than 15

days. To this day, when one travels to another country or may have been in contact with a person who tested positive, they must remain in isolation for at least 14 days, which means not leaving one's residence for any reason.

**Monopolisation of Perception** includes the incessant discussion of COVID-19 with daily briefings by the Premier and Health Team, the Prime Minister and practically non-stop coverage, designed to frighten the masses, so much so that all they seem able to discuss amongst themselves is the dreaded coronavirus and depart with the new catch phrase "Keep Safe". Censorship is a huge part of this category with the public not being able to access any information other than what is being spoon-fed from mainstream media and government/health officials. Any mention of any treatments is swiftly deleted from Twitter, Facebook and YouTube. As mentioned, if a medical professional or government official goes against the narrative, they are summarily disciplined and silenced.

**Humiliation and Degradation:** The mask and social distance 'Nazis' treat the public as if they are unruly children that need to be reigned in and disciplined. As well, there seems to be an extremely frightening trend where people who are caught without masks (even with exemptions) are being manhandled, beaten and arrested. There are many examples of humiliation and degradation. Going shopping has become an unpleasant experience and getting proper healthcare seems almost impossible.

**Exhaustion:** Life is so stressful that it is mentally and emotionally exhausting trying to get through the day and very difficult for many to get a good night's sleep with all the anxiety and worry about the future. For some, how they are going to pay the bills and not lose their house is a major stressor. No wonder the suicide rate is so high.

**Threats:** Society on the whole is living under a barrage of threats from all angles. The threat of the virus. The threat of losing one's livelihood and independence. The threat of fines for noncompliance. The threat of the 'new normal' with no hope of things returning to pre-COVID life. Perhaps the biggest threat is that of mandatory vaccines in the future or no school, no work, no travel, no healthcare and perhaps no access to finances with total control over us by the government.

**Occasional Indulgences:** Lockdown restrictions have been lifted somewhat and so people are starting to breathe a little easier. People are so grateful that things are lifted (such as being able to go to a restaurant or get a haircut) that they totally ignore the fact that we are still being deprived of our rights and freedoms such as freedom of movement. We still have to follow the arrows and stand on dots.

**Demonstrating Omnipotence:** WHO, CDC, Dr. Fauci, Dr. Birx, Bill Gates and various other Public Health officials are elevating themselves to near god-like status, making all the decisions for basically the whole world. They have all the answers. They cannot be criticized and no contrary advice is to be entertained. They will come up with a vaccine and save the world. As Bill Gates has declared, there will be no return to normal until the whole world is vaccinated.

**Forcing Trivial Demands:** Compliance and following the rules. That says it all. This is not a free-will choice. It is demanded or there will be severe consequences.

All the above constitute torture and so it is fairly easy to demonstrate that the COVID-19 lockdown measures fall under the definition of torture. As well, Amazing Polly demonstrates in "Your Body is Their Weapon – We're all Patients Now", that to be treated as if we are chronically ill is a form of torture. She refers to an article by Sam Vaknin, "The Body as a Torture Chamber" (Mental Health Matters - <https://mental-health-matters.com/the-body-as-a-torture-chamber/> May 20, 2010) and applies his arguments to what is happening with the pandemic response.

Dr. Vaknin compares the world of a chronically ill patient with their interactions with the medical system to being tortured and their own body is the device of torture. Polly believes that with the pandemic 'they' are capitalizing on the psychology of the doctor/patient relationship and making us all into patients and treating us accordingly. She believes this is another form of torture and should be against the Geneva Convention and any form of decency to treat someone who is not sick as if they are sick.

Some excerpts from the article by Dr. Vaknin:

- In a nutshell, the terminally and chronically ill suffer from Complex Post-Traumatic Stress Disorder (PTSD). Their strong feelings of anxiety, guilt, and shame are also typical of victims of childhood abuse, torture, domestic violence, and rape.
- Inevitably, in the aftermath of bodily trauma and protracted illness, the victims feel helpless and powerless. This loss of control over one's life and body is manifested physically in impotence, attention deficits, and insomnia. This is often exacerbated by the disbelief many patients encounter when they try to share their experiences, especially if they are unable to produce scars, or other "objective" proof of their ordeal.
- Bystanders resent and shun the sick because they make them feel anxious. The ill threaten the healthy person's sense of security and much-needed belief in predictability, justice, and rule of natural law. The patients, on their part, do not believe that it is possible to effectively communicate to "outsiders" what they have been through. The torture chambers known as hospital wards are "another galaxy". This is how Auschwitz was described by the author K. Zetnik in his testimony in the Eichmann trial in Jerusalem in 1961.

Treating us all as if we are patients and asking us to behave as if we are contagious, broken and dangerous even though we are not sick causes our identities to fragment and which places us under at least low-grade stress and even start to break under extreme psychological manipulation as well as all the other stressors. We are in survival mode and beginning to see each other as dangerous. It is dehumanizing and degrading. They are frightening people into thinking that if they do not behave things will be worse and so they become complicit and participate in the torture. Nothing is either safe or credible. We are dependent on a system that does not make any sense and is very precarious. Chronically ill people have to do what the doctors say because there are no alternatives. No one is offering a cure or even prevention. They are playing with our minds. First it was 15 days, then 30 days, then a little longer, maybe years, just wear a mask. This is the 'new normal'. You can shop at big box stores but not mom and pop shops. They release dangerous prisoners but arrest people for not being compliant with medical tyranny. And these are the same people that hold the keys to our freedom. This will break our minds. Treating healthy people as if they are chronically ill is tantamount to torture.

Another aspect of treating healthy people as if they are ill, they are deathly afraid of actually getting ill. Even a headache will trigger a number of intrusive measures causing extreme stress, and consequently they would be too fearful to mention it or get it checked out even if it becomes troublesome. If, heaven forbid, someone does end up having COVID, numerous people have stated they do not wish to be admitted to hospital or be put on a ventilator, and would rather die at home than in a hospital by themselves. People are terrified of going to Emergency for conditions that do require attention. This is a betrayal of our health care system.

### **MASK HEALTH RISKS:**

With the mandatory mask mandates, the government is forcing people to put their lives at risk. Mask wearing has been demonstrated to decrease oxygen and increase CO<sub>2</sub>. The symptoms of carbon dioxide poisoning (hypercapnia/hypercarbia) include nausea, vomiting, dizziness, headache, rapid breathing, fast heart rate, and flushing, and severe cases may include confusion, convulsions and **loss of consciousness**, making it extremely dangerous to operate a vehicle while wearing a mask. A young woman recently fainted at work 15 minutes into her shift, and there are **NUMEROUS** complaints of headaches, anxiety and confusion from those who need to wear them on a regular basis. People are not supposed to be breathing in CO<sub>2</sub>. In fact, CO<sub>2</sub> is used to euthanize rodents, etc. If carbon dioxide can kill a rat, can you imagine what harm mask wearing is doing to us?

CO<sub>2</sub> (carbon dioxide) is listed as a **TOXIC SUBSTANCE** - item #74 - in the Canadian Environmental Protection Act (1999). Section 245 of the Canadian Criminal Code makes it a **criminal offense** to make someone breathe in CO<sub>2</sub>.

## **MOVING FORWARD:**

Having argued and demonstrated using the various tools that we are in fact being tortured by all levels of our government, it is now imperative that **we call on law enforcement to investigate the criminal behaviour** of the Ontario Government as well as local municipalities. All the lockdown measures and mask mandates MUST be rescinded immediately and the Canadian Charter of Rights and Freedoms and the Ontario Human Rights Code honoured.

The State of Emergency ended at the end of July. This order was revoked July 24, 2020 (see 2020, c 17, s17, <https://www.ontario.ca/laws/regulation/200050>). The termination date of the emergency was July 29, 2020). However, the government has retained all extreme and extraordinary measures as if it was still in a state of emergency. In addition, according to Randy Hillier, MPP, Premier Doug Ford will not reveal who is a part of the COVID Command. The agenda, minutes or communications are hidden, and this unelected and unaccountable team is allowed to come up with all kinds of outrageous edicts without debate, discussion or vote. According to documentation on the website 'Stand Up Canada', declarations of emergency in every province failed to meet criteria and are in violation of the Emergency Management and Civil Protections Act (EMCPA) <https://standupcanada.ca/canada-wide-declarations-of-emergency/>

It is apparent that this 'virus' is a part of a global plan with a much bigger agenda. It is obvious that the majority of governments are in 'Lockstep' with each other. For information on this 'plandemic', please view the Plandemic documentaries (found at [www.plandemicseries.com](http://www.plandemicseries.com)).

It is extremely disturbing to view parts of the world that are essentially in a Police State. If this 'lockstep' tyranny progresses as it appears to be, then it will not be long before we find ourselves in a police state in Canada. Quebec is already taking measures that indicate it is headed towards a police state.

**WARNING: Should the Police not do their jobs and fail to protect us from our government, then each individual police officer will be held PRIVATELY LIABLE.**

The following text is part of a legal document that is ready to be submitted to the courts.

Top officials like the Queen, Presidents or Prime Ministers, NO ONE has proof that corona virus SARS-CoV-2 causes COVID19. Proof requires the gold standard of medical testing called Koch's Postulates that isolate a suspected disease-causing agent. Freedom of information responses confirm there is NO record of isolating coronavirus SARS-CoV-2 anywhere. Instead, there is an abstract digitally created database virus.

The coronavirus SARS-CoV-2 test can only test for a sequence of RNA not a virus. CDC reported 9,200 people died in Canada with COVID19. 9,200 out of 38 million equals .00024% or LESS THAN ¼ OF 1% comparable to a regular flu season. Not one province met conditions required to declare an emergency.

Without proof of COVID19 nor a reliable test, a regular flu season death rate, and unmet emergency conditions, COVID19 measures are NOT DEMONSTRABLY JUSTIFIED. This means top officials acted PRIVATELY, outside statutory authority, and are privately LIABLE.

As well, no actions by any Lieutenant Governor, Premier, Governor, Attorney General, Solicitor General, top Health Official, Mayor, Health Department, Chief of Police, etc., were DEMONSTRABLY JUSTIFIED. Actions were all fear based without fact-based evidence, illegal, unlawful, and nothing was sworn under oath.

From the Emergency Management and Civil Protection Act, section 7.0.2 (1) states: The purpose of making orders under this section is to promote the public good by protecting the health, safety and welfare of the people of Ontario in times of declared emergencies in a manner that is subject to the Canadian Charter of Rights and Freedoms.

From the CONSTITUTION ACT, 1982, PART I, CANADIAN CHARTER OF RIGHTS AND FREEDOMS, Section 52 states: (1) The Constitution of Canada is the supreme law of Canada, and any law that is inconsistent with the provisions of the Constitution is, to the extent of the inconsistency, of no force or effect.

Further: Sections 1 and then 2 of the Constitution Act 1982:

Section 1. The Canadian Charter of Rights and Freedoms guarantees the rights and freedoms set out in it subject only to such reasonable limits prescribed by law as can be demonstrably justified in a free and democratic society.

Section 2. Everyone has the following fundamental freedoms:

- (a) freedom of conscience and religion;
- (b) freedom of thought, belief, opinion and expression, including freedom of the press and other media of communication;
- (c) freedom of peaceful assembly; and
- (d) freedom of association.

A partial list of freedoms includes:

Section 6 (2) Every citizen of Canada and every person who has the status of a permanent resident of Canada has the right (b) to pursue the gaining of a livelihood in any province.

Section 9. Everyone has the right not to be arbitrarily detained or imprisoned. (like in your own home)

Section 12. Everyone has the right not to be subjected to any cruel and unusual treatment or punishment. (like treating healthy people guilty of being sick, guilty until proven innocent).

Section 26. The guarantee in this Charter of certain rights and freedoms shall not be construed as denying the existence of any other rights or freedoms that exist in Canada. (like being born free)

Section 31. Nothing in this Charter extends the legislative powers of any body or authority. (like the establishment operator's mask NAZI arbitrarily creating his or her own laws through the legislation they created in their head right there and then.)

Regarding the right to the gaining of a livelihood. Who lost income? who lost a livelihood? who lost a business? and who lost a loved one to SUICIDE because of the measures that did not fall within the Charter of Rights and Freedoms?

The Police Services Act reads as follows:

Section 1: Police services shall be provided throughout Ontario in accordance with the following principles:

Subsection 2. The importance of safeguarding the fundamental rights guaranteed by the Canadian Charter of Rights and Freedoms and the Human Rights Code.

Who was supposed to safeguard our freedoms? THE POLICE. Who had the DUTY? THE POLICE.

Again, the Emergency Management and Civil Protection Act, section 7.0.2 (1) states: The purpose of making orders under this section is to promote the public good by protecting the health, safety and welfare of the people of Ontario in times of declared emergencies in a manner that is subject to the Canadian Charter of Rights and Freedoms.

We would like to bring your attention to a Supreme Court of Canada case: Roncarelli v. Duplesis, [1959]. It was a landmark constitutional decision of the Supreme Court of Canada where the Court held that

Maurice Duplessis, the Premier of Quebec, had overstepped his authority by revoking the liquor licence of a Jehovah's Witness. Justice Ivan Rand wrote in his often-quoted reasons that the unwritten constitutional principle of the "rule of law" meant no public official was above the law and so could neither suspend nor dispense it.

Briefly this ruling also gives remedy for the population to hold Police PRIVATELY LIABLE for acting outside of statutory authority. Each Police Officer was duty-bound to safeguard our freedoms, yet did not. Each Police Officer committed section 80 and 81 violations - MISCONDUCT. Each Police Officer disobeyed sections 1, 80, and 81 of the Police Services Act, and they failed to obey the Constitution Act 1982.

The Criminal Code, section 126 as follows: Disobeying a statute.... section 126 (1) Every person who, without lawful excuse, contravenes an Act of Parliament by intentionally doing anything that it forbids or by intentionally omitting to do anything that it requires to be done is, unless a punishment is expressly provided by law, guilty of (a) an indictable offence and liable to imprisonment for a term of not more than two years.

How about making people breathe in their own CARBON DIOXIDE, which is listed as a TOXIC SUBSTANCE, item #74 of the Canadian Environmental Protection Act, the Police should have been laying charges on anyone forcing the mask wearing as follows:

Section 245 of the criminal code: (1) Every person who administers or causes to be administered to any other person or causes any other person to take poison or any other destructive or noxious thing is guilty (a) of an indictable offence and liable to imprisonment for a term of not more than 14 years.....

The POLICE - by failing to do their duties acted outside of statutory authority - AND created an EMERGENCY = "emergency" means a situation or an impending situation that constitutes a danger of major proportions that could result in serious harm to persons or substantial damage to property and that is caused by the forces of nature, a disease or other health risk, an accident or an act whether intentional or otherwise;

Each Police Officer committed misconduct and committed criminal code offenses by failing to safeguard the Fundamental Rights and Freedoms and the Human Rights Code.

If you are a Police Officer and want to be seen as an HONEST POLICE OFFICER from this point on .... the principle of the "rule of law" meant no public official was above the law and so could neither suspend nor dispense it. Also, section 15 of the Charter states that there is equality of the law and equal benefit of the law. HONEST POLICE OFFICERS, you have the duty to detain, question, and even arrest your fellow and superior officers. If you don't, people will hold you privately liable, and the economic damages in North America is likely in the trillions of dollars, billions for sure, in Canada. There are people who are ready to hold you PRIVATELY LIABLE and even CITIZEN'S ARREST you.

Final thoughts: From the Emergency Management and Civil Protection Act, the definition of "emergency" is what the POLICE have allowed to actually happen - we are now in an emergency due to the DECLARED EMERGENCY...."emergency" means a situation or an impending situation that constitutes a danger of major proportions that could result in serious harm to persons or substantial damage to property and that is caused by the forces of nature, a disease or other health risk, an accident or an act whether intentional or otherwise.

Let this be clear to POLICE - Sections 7.0.1 (3) 1 i, and ii, and iii of the Emergency Management and Civil Protection Act was not "DEMONSTRABLY JUSTIFIED". All measures were not in a manner that was subject to the Charter and it was your DUTY to SAFEGUARD - and you did not.

The Declarations of Emergency were very likely a "simulation and training exercise". The Global Preparedness and Monitoring Board had stated the following Progress Indicators by September 2020 as

follows: The United Nations (including WHO) conducts at least two system-wide training and simulation exercises, including one for covering the deliberate release of a lethal respiratory pathogen.

As well, the Government of Canada website only had 1 death and 1 case up to March 17, 2020 - neither of them sworn information under oath. One death and one case is not a PANDEMIC - it had to have been a training and simulation exercise.

Almost everybody is aware of empty hospitals and test centers, with videos proving the emptiness taken down. Many know about fraudulent death certificates, and you are pointed to section 128 of the criminal code for that. Start questioning CORONERS.

Another atrocity includes obstructing and preventing religious services, covered in section 176 of the Criminal Code.

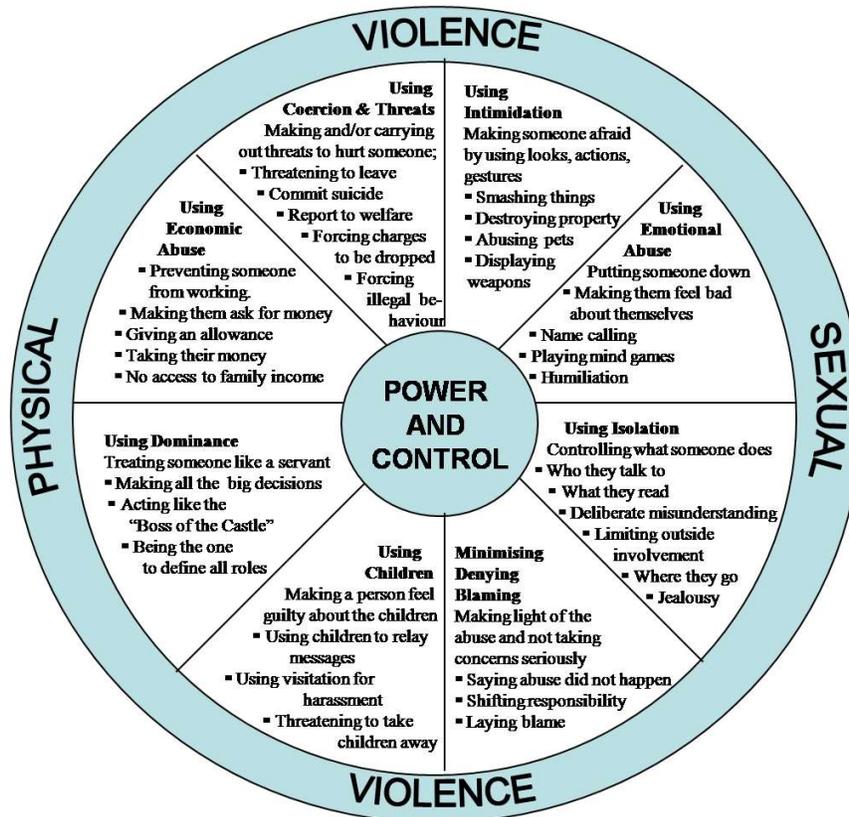
Many Police Officers do not know who has the duty to safeguard our fundamental rights and freedoms especially when there were no DEMONSTRABLY JUSTIFIED orders. It is written in the Police Services Act that the Police have to safeguard the Charter of Rights and Freedoms and the Human Rights Code.

Police Officers have said that anyone who goes against the system will have their career shot. Are the Police Officers acting in good faith by not enforcing the law? NO, not at all, and they are PRIVATELY LIABLE for this lack of good faith as it is acting outside of statutory duties.

The RCMP is also responsible for crimes against the laws of Canada being committed. Currently there is a "crime in progress" with the measures of lockdown. These measures disobey several statutes, namely, The Constitution Act 1982, the Police Services Act, and especially the Emergency Management and Civil Protection Act, causing every Police Officer to commit MISCONDUCT as well as Criminal Code Offences - violations in the Police Services Act as well as Criminal Code violations by Police Officers.

Police Officers have stated "I'd love to speak out, but I can't, I'd lose my job". If they whistle-blow the system, the system is going to find a way to punish them. They'll get an unwanted desk job or a job they will hate in order to make them quit. Police Officers and other Peace Officers are afraid to speak up because they are "in the system" (basically a career-ending move). At what point do you speak out? When your freedoms are all gone? When people are getting hurt like in the US?" Police Officers don't trust the RCMP and have flatly stated that the RCMP is really corrupt; they mention that there is a cover-up in the Nova Scotia murders. "There is no reasonable information and they are not telling us what they know."

HONEST POLICE OFFICERS, you are encouraged to do your jobs and take out your colleagues using the criminal code to reset to HONESTY, INTEGRITY and FREEDOM. However, if you fail to protect us from this point on, you will be held CRIMINALLY and PRIVATELY LIABLE.



## Torture

**Torture and other cruel, inhuman or degrading treatment thrive behind closed doors. It must stop, and those responsible for authorizing and implementing it must be held accountable.**

The UN Convention Against Torture defines torture as "...the intentional infliction of severe physical or mental pain or suffering for purposes such as obtaining information or a confession, or punishing, intimidating or coercing someone." Torture is always illegal. "No exceptional circumstances whatsoever, whether a state of war or a threat of war, internal political instability or any other public emergency, may be invoked as a justification of torture."

Abuse of prisoners doesn't have to be torture to be illegal. Cruel, inhuman, and degrading treatment (CID) is also illegal under international and Canadian law. CID includes any harsh or neglectful treatment that could damage a detainee's physical or mental health or any punishment intended to cause physical or mental pain or suffering, or to humiliate or degrade the person being punished.

While it is sometimes difficult to distinguish between torture and CID, there are two key differences. First, torture constitutes a more severe degree of pain or suffering. Second, torture is the result of a deliberate and purposeful act aimed at imposing great suffering, while CID could be the result of accident or neglect. Both torture and CID are illegal.

Amnesty International has campaigned against torture and CID for decades. Our campaigning helped lead to the Convention Against Torture and its Optional Protocol, and it has helped lead to most UN member states joining the Convention. We take action in support of those who have and those who continue to experience torture and CID. And we won't stop. We won't stop until torture is stopped.

<https://www.amnesty.ca/our-work/issues/torture>